

19 and Under Female - Abby Isleborn (at Clemson University)

New England Runner Maine Top Female Track Runner
Kerryman Pub 5K, 1st:15:18F, 19:16,
State B HS Track Champion: Female 1600M, 5:02.72
State B HS Track Champion: Female 3200M, 11:15.10

20-29 Male - Dana Staples

Sea Dogs/ Mothers Day 5K, 23:07
YMCA Family Fit 5K, 22:47
Eliot Fest 5K, 22:26

20-29 Female - Shauna Franklin

Snowy Egret 5K, 23:51
Peaks Island 5 Miler, 7th in age group, 39:58
Burn off the Turkey 5K, 4th in age group, 23:43

30-39 Male - Tom Noonan

Kerryman Pub 5K, 3rd in age group, 17:22
Clam Fest 5M, 4th in age group, 28:21
Bridgton 4 on the 4th, 22:51
Pineland Farms 25K, 5th in age group, 52:47

30-39 Female - Robin Carlson

ME Half Marathon, 3rd in age group, 1:32:30
LL Bean 10K, 6th in age group, 43:24
Burn off the Turkey 5K, 2nd in age group, 19:04

40-49 Male - Dave Howard

Turkey Trot 5K, 2nd in age group, 18:32
Sea Dogs Mothers Day 5K, 18:24
Beach2Beacon 10K, 23rd of 319, 40:34
Patriots Day (Veterans Day) 5M, 3rd in age group, 29:53

40-49 Female - Lisa Depres

Jingle Bell Run 5K, 5th in age group, 21:17
Great Pumpkin 10K, 44:03
Bar Harbor Half Marathon, 1:40:59
Sugarloaf 15K, 1:08:39

50-59 Male - Tom Ryan

Maine's most dominant 50-59 age group road racer, winning his age group in numerous Maine races. Tom was a nationally recognized competitor at USATF National Masters Championships.

New England Runner Top Maine Male Senior Runner
Eliot Fest 5K, 1st in age group, 16:23, 5:17
NE Mile, 4:33
Bridgton 4 on 4th, 1 in age group, 21:44
Clam Fest 5M, 1st in age group, 27:34
Great Pumpkin 10K, 34:33,
Beach2Beacon 10K, 1st of 277 in his age group

50-59 Female - Ellie Tucker

Also the 1999, 2001 & 2002 MTC Master Runner of the Year
New England Runner Top Maine Female Senior Runner
Maine USATF Grand Prix Series: 2nd Female Grand Master
Beach2Beacon 10K, 1st of 184 in her age group, 41:17
Sugarloaf 15K, 1:02:54

Pineland Farms 25K, 1st in age group 2:13:39
Mid Winter Classic 10M, 1st in age group, 1:07:05
Maine Half Marathon, 1st in age group, 1:29:37
Clam Fest 5M, 2nd in age group, 33:08

60-69 Male - Harry White

Burn off the Turkey 5K, 3rd in age group, 22:54
Great Pumpkin 10K, 46:29
ME Half Marathon, 2nd in age group, 1:43:49
St. Peters 4 Miler, 1st in age group, 30:39
Clam Fest 5 Miler, 3rd in age group, 37:04

60-69 Female - Judith Hardenbrook

New England Runner Top Maine Female Veteran Runner
Maine USATF Grand Prix Series: 1st Veteran Female
Sea Dogs Mothers Day 5K, 1st in age group, 20:59
Key Bank NE Mile, 6:10
Mid-Winter Classic 10M, 1st in age group, 1:15:56
Beach2Beacon 10K, 1st in age group, 45:32

70-79 Male - Lloyd Slocum

NE Runner Magazine Top Maine Male Veteran Runner
Burn off the Turkey 5K, 1st in age group 21:35
Thanksgiving Day 4M, 1st in age group 29:07
PT8K, 1st in age group 36:25
Eliot 5K, 21:44

70-79 Female - Polly Kenniston

Maine Half Marathon, 2:02:32
Thanksgiving Day 4M, 1st in age group - 35:22
Dan Cardillo 5K, 26:32
Beach2Beacon 10K, 2nd in age group 56:31
LL Bean 10K, 1st in age group 56:29
Mid-Winter Classic 10M, 2nd in age group 1:36:02

80 and over Male - Carlton Mendell

New England Runner Top Maine Male 80+ Runner
Sea Dogs/ Mothers Day 5K, 41:38
Thanksgiving Day 4 Miler, 1/1: 80&+M, 51:14
Al Sproul 10K, 1:35:37
Freeport Fitness 5K, 44:46

Most Improved Runner went to Kelle Keeley, for bettering her marathon time by more than one hour. In 2006, Kelle ran the Country Music Marathon in Nashville in 5:15:47. This year she ran the Marine Corps Marathon in Washington in 4:14:59.

Volunteer of the Year went to Janice Gagnier.

Comeback Runner of the Year went to Robert Randal, 70, who after several operations returned to running, everything from a one mile to the Mt. Washington Road Race.

MTC photo shooter David Colby Young was recognized for his outstanding contribution to Maine Running through his recent work with the Maine USATF Grand Prix Series, involving some of the best runners in Maine. (The Maine Track Club won the team award for 2007)

The 2007 MTC Spirit of the Club went to Michelle Durgin for personifying the value of "running with a friend," through her encouragement, willingness to share her talents and gifts, and cheering on runners at many events.

Howard Spear was also honored as MTC Race Director of the Year for presiding over the Maine Marathon during the last 10 years. During his tenure, the race has raised \$300,000 for local Maine charities and \$1.8 million for Team in Training. In addition he also directed the Portland Sea Dogs Mothers Day 5K, last year, the largest 5K in Maine with more than 1,400 runners.

Sandy Walton received the John Fyalka Award for her outstanding service to the club. She is one of the founders of the Saturday morning Roaster Runs, former editor of MTC News and the new editor of the RRCA Footnotes.

Marc Brunelle and the Sportshoe Center received the President's Award for his work as primary sponsor.

Lifetime achievement awards went to Carol Weeks and Sandy Utterstrom. From 5K's to marathons, Weeks has won countless races, ranked in the top 10 in her age group throughout New England many times, was a founding member of the MTC. MTC past president Utterstrom, for many years co-director of the 50 mile race, never said no and was consequently always involved. She is the recipient of many awards.

Runner of the Year went to Mike Brooks and Jeanne Hackett for achieving the highest level of performance and at the same time, making a positive and substantial contribution to the club and Maine running. Hackett, who has said she thoroughly enjoyed her running this year, took home many awards over the year, served as race director for the Dan Cardillo Memorial 5K, volunteered with the Club and at Long Creek Youth Development Center, led group training runs, and will serve on the marathon committee through her affiliation with new title sponsor, Peak Performance.

Brooks, who says his favorite spot is back of the pack, at the age of 60, recently ran in the grueling Sri Chinmoy Self-Transcendence six-day race, raising the transcendent sum of \$6,000 for Camp Sunshine. Marathon. Ultra and other endurance events are his thing, but he runs many, many, many shorter distances, often in order to train for the long ones. He is also very big on helping out anyone out there doing any distance.